

# Requests to Prefectural Residents

~Let's use the COVID-19 prevention measures we already know!~

- ◆ In order to protect yourself and your loved ones, know how to **avoid contracting and spreading COVID-19**.
- ◆ Please take thorough COVID-19 countermeasures in the following three situations: **“daily”, “when dining or socializing with friends”, and “when you are not feeling well”**.
- ◆ Please be **vaccinated** to prevent the onset and severity of COVID-19.

※ If there is a concern about a shortage of medical care, we will reinforce countermeasures. We ask for your cooperation with COVID-19 countermeasures.

# 1 Daily

## Take precautions against COVID-19

- Avoid “closed spaces, crowded places and close-contact settings” and avoid going out or moving to crowded places or places with a high risk of infection.
- Make it a habit to ensure adequate ventilation, wear masks properly, disinfect your hands and observe your health daily.
- Before leaving the prefecture or for outer islands, complete the third vaccination or take a PCR or other COVID-19 test.
- Upon your return, promptly take a PCR or other COVID-19 test.

# 2 When dining and socializing with friends

## Avoid large gatherings and long periods of time socializing and wear a mask when indoors

- Do not participate or allow participation when you or someone else has even the slightest physical abnormality such as a fever, sore throat, cough, runny nose, etc.
- In situations where children gather (elementary students, tutoring schools, friends' homes, etc.), adults should check for adequate ventilation and other COVID-19 control measures.
- Wear masks when gathering indoors, and at events where large groups of people are unmasked, confirm a negative COVID-19 result with a test.
- Have dinners with family members who live together or those who are normally with you as much as possible, and if a large group of people are to have dinner together, please first confirm a negative COVID-19 result with a test.
- When dining together, use an "Infection Prevention Countermeasure Certified Facility" and refrain from using restaurants that do not have thorough infection prevention measures in place.

※ No more than 4 people for less than 2 hours when not using an "Infection Prevention Countermeasure Certified Facility"

# 3 When you are not feeling well

If you have any symptoms such as a fever, sore throat, cough, runny nose, do not commute to work, school, go out, or dine with others

- When you have any cold symptoms, please avoid seeing the elderly, pregnant women, and others at high risk of serious illness for at least a week.
- If you feel unwell and suspect you may have COVID-19, please use a medical antigen test kit or contact a medical institution in advance before seeing a doctor.

# 4 Vaccination

Please get your third dose (The elderly and persons with underlying medical conditions should receive the fourth dose)

- Up-to-date vaccination decreases the risk of hospitalization and death.
- Those who reside at or use social welfare facilities are at a high risk of infection, so please promote vaccination as much as possible.
- Those at risk of serious illness, such as those with underlying diseases such as hypertension, obesity, and those who smoke, are also expected to have extra protection and to prevent serious illness through vaccination.

## To visitors (who are considering coming to Okinawa)

- **Before coming to the prefecture, please take sufficient health precautions and take all possible countermeasures to prevent infection. When you are not feeling well, please your trip to the prefecture and we look forward to seeing you again.**
- **We ask that visitors to Okinawa on school excursions take thorough countermeasures to prevent infection and act in accordance with the (separate) "Okinawa School Trip Quarantine and Tourism Guidelines".**
- **Before coming to Okinawa on a school excursion, etc., please make sure that you have received the third dose of vaccination, or confirm in advance that you are negative by a PCR or other test.**
- **If you feel unwell or have a fever during your stay in Okinawa, please contact the Traveler's Access Center Okinawa.**  
**【Traveler's Access Center Okinawa (TACO)】**  
 ※Telephone number: 098-840-1677    Operating hours: 8a.m. - 9p.m. (open all year round)

## Requests to Restaurants

<b>Target Facilities</b>	<p><b>〔Restaurants〕 Restaurants (excluding takeout and delivery)</b>  <b>〔Entertainment facilities/wedding halls〕 Facilities like bars, karaoke boxes, wedding halls, etc., that possess a restaurant business license under the Food Sanitation Act.</b></p>
<b>Details of the Requests</b>	<p>Okinawa Prefecture requires that facilities that have "Infection Prevention Countermeasure Certification" continue to take thorough measures to prevent infection, such as adhering to industry-specific guidelines, and to create a "safe and secure" restaurant.</p> <p>(1) <b>Hygiene control in facilities:</b> Adequate ventilation in the facility and disinfection of areas and utensils that customers come into contact with.</p> <p>(2) <b>Health and safety of employees:</b> Monitoring physical condition of staff, including daily temperature checks before work, and recommending vaccination.</p> <p>(3) <b>Customer safety:</b> temperature checks upon entering the facility, thorough hand sanitization, and socially distanced seating allocations.          (Refuse entry to those with a fever or other symptoms, even if mild, and inform customers of the need to cooperate with infection prevention measures).</p> <p>○ For facilities other than those certified by Okinawa Prefecture for infection prevention measures, we request that, as a general rule, facilities limit the number of people in the same group or at the same table to four or less for a period of two hours or less.</p> <p>○ We recommend that facilities take thorough infection prevention measures and obtain the "Infection Prevention Countermeasure Certified Facility (third-party certification)" as soon as possible.</p>

# Holding Events

Request for Organizers to Hold Events in Accordance with the Event Capacity Requirements (maximum number of people, venue capacity, etc.)

	Maximum Venue Capacity of Facilities (※1)		
	Less Than 5,000 People	Over 5,000 People ~ Less Than 10,000 People	Over 10,000 People
Events free from Loud Spectator Cheering and/or Shouting	Up to Capacity	Up to 5,000 People (※3)	Up to Half of the Capacity (※3)
Events with Loud Spectator Cheering and/or Shouting (※2)	Up to Half of the Capacity		

※1: In the case a maximum venue capacity has not been set, the capacity shall be as follows.

- Events free from loud spectator cheering and/or shouting → The spacing should be sufficient to avoid having close-contact between people. (There should be enough to avoid person-to-person contact at a minimum).
- Events where spectators tend to cheer and/or shout → Sufficient space (at least 1m and 2m where possible) between people must be provided.

※2: A "Loud Voice" is defined as "a spectator ①speaking louder than their usual voice and ②speaking up repeatedly and continuously", and events that actively encourage this practice or do not take sufficient necessary countermeasures are classified as "Events where spectators tend to shout".

※3: The maximum number of people is allowed up to the capacity of the facility, under the condition that an infection prevention safety plan is prepared and implemented.

- **In addition, organizers should ensure compliance with industry-specific guidelines to implement thorough tracking countermeasures, such as the national governments Contact Confirming Application (COCOA) and the Okinawa COVID-19 Countermeasure Personal Support Application (RICCA) or through the creation of a list of participants.**
- **For events with more than 5,000 spectators and a capacity ratio of more than 50%, the organizer must prepare and submit to the prefecture at least two weeks prior to the event a "Safety Plan for Infection Prevention" that describes specific countermeasures to be taken. If the requests from the prefecture are not met, postponement or cancellation of the event might be requested.**
- **Organizers should take prompt action in any of the following events: a nationwide spread of infection or clusters occurring, and the government revises industry-specific guidelines, the maximum capacity requirements, or the ceiling of the maximum number of participants.**
- **For events that attract a large number of visitors from outside the prefecture, visitors should be encouraged to be vaccinated or have negative results confirmed by a PCR test or other tests prior to the event.**
- **When food and beverages are served, the participants are requested to refrain from eating and drinking outside of the areas dedicated to eating and drinking. However, this does not apply in environments where measures can be taken to ensure that no vocalizations are made, such as when masks are worn except to eat or drink, or eating and drinking times are shortened to reduce the time with masks off.**
- **For events that do not have a "Safety Plan for Infection Prevention", thorough infection control countermeasures should be taken through the creation of checklists, etc.**  
(For details, refer to "About Event Restrictions" at <https://www.pref.okinawa.lg.jp/site/chijiko/kohokoryu/koho/20200828.html>)

◆ We ask that those attending the event take basic infection control measures before and after participating in the event and take measures to reduce the risk of infection, such as going directly home.

## To Retail Facilities and Customer Facilities

Requests for the implementation of the countermeasures stipulated in Article 11, Paragraph 1, Enforcement of the Special Countermeasures Act are requested for sports facilities, amusement centers, movie theaters, shopping centers and other facilities

- Thorough implementation of infection prevention countermeasures, including compliance with industry-specific guidelines
- Organize and guide entering patrons to avoid crowding. (Work to avoid crowding and close proximity especially when conducting events that attract customers.)
- Encourage entering patrons to wear masks properly at all times.
- Countermeasures effective in preventing infection through droplets from conversations (especially at food courts, take measures such as the installation of acrylic panels, maintaining distance between seats, and thorough room ventilation).

## To Businesses

- Monitor the physical condition of staff, and do not come to work or do not allow staff to come to work if they are not feeling well.
- To reduce close contact opportunities, make efforts to reduce the number and density of commuters, expansion of work from home (telework), and staggered commuting.
- Comply with the specified guidelines for the prevention of COVID-19 for the relevant industry.
- Encourage vaccination at the workplace. (Development of a vaccination friendly environment)

## Requests to Schools

- Take countermeasures based on the hygiene management manual.
- Please refrain from conducting educational activities (\*) that have a particularly high risk of infection, regardless of the level in the manual. Carefully consider how to implement the countermeasures even in areas where COVID-19 has not spread.
- Thoroughly monitor the health of teachers, staff, and students by using health observation charts and health observation apps, and inform them to refrain from coming to work or school if they are not feeling well.
- In summer months when temperature, humidity, and the heat index are high, priority should be given to preventing heat stroke, and students should be instructed to remove their masks.
- Please refrain from club activities that have a high risk of infection, and while thoroughly implementing the countermeasures against the spread of infection, club activities should be limited to 2 hours or less on weekdays (including early morning practice) and 3 hours or less on weekends and holidays. Health checks should be conducted at the start of activities and before various competitions.
- Symptomatic elementary, junior high, and senior high school students and people that live with them who may be in close contact should conduct antigen qualitative tests at home. The use of "RADECO" should be promoted (Until the switchover, use in conjunction with PCR testing at schools).
  - ※ Examples: A chorus performed indoors in music class a short distance from others, playing a wind-instrument such as a recorder, and exercises performed densely in a gym class. (Countermeasures to prevent infection based on the characteristics of omicron strain [from the 12th Subcommittee on Countermeasures against Novel Coronavirus Infections] )



**For the past two years in Okinawa  
COVID-19 has spread rapidly after the July holidays!**



**In order to minimize the spread during the summer, we ask for your cooperation  
with the following measures**

### 1. Get Vaccinated

- 1 in 5 people over 70 years old are hospitalized, and 1 in 400 people under 20 years old are hospitalized. (※)
- Vaccination is reported to be effective in preventing the onset and severity of the disease.
- Ensure your vaccinations are up to date before summer.

Click here for  
vaccination  
reservations ↓



※From the data of the  
Okinawa Prefectural  
Epidemiology and  
Statistical Analysis  
Committee

### 2. Take measures against COVID-19

- Avoid the three 'Cs', and take care of your health by using health monitoring applications.
- Please ensure adequate ventilation, proper use of masks when conversing or indoors, and thorough use of hand sanitizer.
- Adults that work with children should ensure that children follow COVID-19 control measures even when their parents are not present.

For the health  
monitoring  
application, please  
click here ↓



### 3. Stay in when you're not feeling well

- Those with underlying medical conditions should thoroughly monitor their health on a daily basis and consult their doctor if they feel unwell.
- Please visit your family doctor such as a clinic during the daytime and use the prefectural call center (098-866-2129) in case of fever.

For the "If you  
wonder "is it  
COVID-19?"  
leaflet, click  
here ↓



### 4. Be aware of the risks of dining out

- When dining out, use an "Infection Prevention Measure Certified Facility".
- Avoid meeting with the elderly or other people at high risk of serious infection for about a week after dining out with an unspecified number of people, such as at a beach party.

To search for a  
certified restaurant  
click here ↓

